



YEAR 9 CAMP YARRAWONGA

Important Camp Update



Camp Information

Murray River Paddle/Hike - Yarrowonga

Dates: Monday 17 March to Thursday 20 March

Departure Time: 7.45am arrival for 8.15am departure.
Meet at St Mary's Campus, Bendigo.

Collection Time: 4.30pm. Collect from St Mary's Campus, Bendigo.

Departure and Arrival Information

Departure:

All students attending the Year 9 Camp to Yarrowonga are required to meet at the Valentine Street Bus Bays at the St Mary's Campus, at 7.30am on Monday 17 Buses will depart at 8.00am sharp.

Return:

Students will return to the St Mary's Campus at approximately 4.30pm on the Thursday 20 March. Buses will drop students off at the Valentine Street Bus Bays.

Parent/Carer Instructions:

We ask that families remain conscious that St Mary's is in a residential area and, out of respect for our neighbours, we ask that you drop off and collect your child with as little disturbance as possible. Please ensure you are parked safely whilst waiting to drop off and collect your child.

Transport

Students will be transported by bus to and from camp. A College vehicle will also be driven to the venue.

Departure Day Details

Students are required to bring a drink bottle, morning tea and lunch for the first day in a backpack/day pack. No food containing nuts or eggs is permitted. All other meals will be provided.

No On-Site Classes at Coolock Campus During Camp Week

Students attending camp:

The Coolock Campus will be closed for the week (Monday 17 March – Friday 21 March) while Year Level Camps are taking place.

No Year 9 Students are required at the College on Friday 21 March and will have this as a rest day.

Please ensure that appropriate arrangements are made for your child's rest days at home.

Students not attending camp:

There will be no alternative program offered at the College during this week, so students who are not attending camp are required to remain at home for the duration of the entire week.

Medical

If your child is required to take medication during the camp it is compulsory that a Medication Authority Form is completed and signed off by a doctor/parent/carer. Please see attached.

Please return the form and medication to the Coolock General Office by Friday 7 March at the latest.

If you have any questions or concerns regarding the upcoming camp, please contact the College by phoning 5445 9100.

Year 9 Camp

Yarrowonga Packing List

The items listed below are essential and are required to be brought to camp. These must be comfortable and warm.

Where possible, items should not be cotton.

Please pack all items in a soft bag, no suitcases. Day packs can be a separate item.

All students are required to bring lunch and snacks for the first day. All other meals will be supplied.

Program Specific Items

- 1 x set of shorts and t-shirt (that can get wet while canoeing)
- 1 x beanie
- 2 x thermals (top & pants). Can be used instead of pyjamas
- 1 x water shoes (old sneakers are okay, must have laces or draw string, no crocs or slides)
- 1 x eating utensils (fork, spoon), bowl (large enough for dinners, breakfast) & cup
- 1 x roll of toilet paper

Program Standard Items

- 3 x Multix Garden Bags (orange, draw tight) to line inside of pack, and ensure waterproof
- 2 x windcheaters or jumpers (not cotton hoodies)
- 1 x comfortable walking shoes: boots (no side zip or steel toe) or sneakers
- 2 x shorts (no denim allowed)
- 1 x pair long pants (no jeans)
- 1 x wide-brimmed sun hat
- 2 x t-shirts (with sleeves)
- 3 x thick socks (Explorers or similar)
- 5 x underwear (one pair per day (max))
- 1 x sleeping bag – Dacron or Down. (rated to 0 degrees or below)
- 1 x head torch and spare batteries
- 2 x water bottles (1-litre capacity each)
- 1 x garbage bag for dirty and wet clothes
- 1 x toothbrush & paste, hair comb, deodorant (no aerosols)
- 1 x insect repellent (20% DEET is good) (no aerosols)
- 1 x sunscreen
- 1 x labelled personal medications (please indicate on the medical form)
- 1 x feminine hygiene – pads & tampons and hand wipes (waterproof in a snap lock bag)
- 1 x face washer & small micro towel (There are no showers accessible)

Optional Items

- Camera (not a phone)
- Book to read
- Sleeping bag liner
- Puffy jacket
- 2 x pair of thin socks (worn under thicker socks to help with blisters and warmth)
- Lip balm